

COPACABANA CHA

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MUSIC: Artist: Barry Manilow, Copacabana (At The Copa) (Long Version) 5:44.
Album: The Essential Barry Manilow from Amazon.com 0.99. Music modified:
Cut at 2:35 and fade out at 2:30.

FOOTWORK: Opposite (Woman in parenthesis)

RHYTHM: Roundalab Phase 3 + 2 (Marchessi & Facing Fan)

SEQUENCE: Intro-AB-AB-End Released 10/18/2014

INTRO

1-12 TANDEM FACING LOD WITH LEFT FOOT FREE FOR BOTH WAIT;; FORWARD 3 & POINT; TWICE; WALK 2 & CHA; TWICE; CIRCLE AWAY; & TOG LADY IN 4; CHASE;;;

1-6 Tandem fc LOD with L ft free for both Lady in front of M Conga line optional wait;;
123- 567- [Fwd 3 Pt X2] Fwd L, fwd R, fwd L, pt R to sd; Fwd R, fwd L, Fwd R, pt L to sd;
123&4 567&8 [Wlk 2 Cha X2] Fwd L, fwd R, fwd L/XRib of L, fwd L; Fwd R, fwd L, fwd R/XLib of L, fwd R;

7-8 [Circle Away & Tog Lady in 4] Start a full LF circle (Lady RF) fwd L, fwd R, fwd L/XRib of L, fwd R both end fcg RLOD; Cont LF circle fwd R, fwd L, fwd R/XLib of R, fwd R end fc ptr & Wall (Cont RF circle fwd R, L, R, L ckg end fcg ptr & COH);

123&4 567&8
(123&4 5678)

9-12 [Chase] Keeping eye contact with ptr fwd L trng ½ RF to tandem Man in front of Lady, rec R, fwd L/XRib of L, fwd L; Fwd R trng ½ LF to tandem now Lady in front of Man, rec L, fwd R/XLib of R, fwd R; Fwd L, rec R, bk L/cl R to L, bk L; Bk R, rec L, sd R/cl L, sd R blend to BFLY Wall; (Bk R, rec L, fwd R/XLib of R, fwd R; Fwd L trng ½ RF to tandem Lady in front, rec R, fwd L/XRib of L, fwd L; Fwd R trng ½ LF to fc ptr COH, rec L, fwd R/XLib of R, fwd R; Fwd L, rec R, sd L/cl R, sd L blend to BFLY COH);

PART A

1-12 ½ BASIC; UNDERARM TURN TO A; LARIAT;; HAND TO HAND; SPOT TURN NO HANDS; TIME STEP; TWICE BFLY; RUMBA FENCE LINE; TWICE BLEND TO LOOSE CP; MARCHESSI;;

1-2 [1/2 Basic & Underarm Trn] Fwd L, rec R, sd L/cl R, sd L; Lead Lady to trn RF under lead hnds bk R, rec L, in pl R/L, R (Bk R, rec L, sd R/cl L, sd R; Swivel RF ¼ on R fwd L to LOD trng 1/2 RF, rec R trng ¼ to fc, sd L/cl R, sd & fwd L);

123&4 567&8

3-4 [To A Lariat] Description not in accordance with RAL standards. Lead Lady to RF around Man Rk sd L, rec R, in pl L/R, L, Bk R, rec L, sd R/cl L, sd R (Circle Man CW fwd R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R to fc, sd L/cl R, sd L);

123&4 567&8

5-6 [Hand To Hand & Spot Turn] Swivel LF ¼ on R bk L, rec R trn ¼ RF, sd L/cl R, sd L; Swivel ¼ LF of on L fwd R trn ½ LF, rec L trn ¼ LF, sd R/cl L, sd R (Swivel RF ¼ on L bk R, rec L trn ¼ LF, sd R/cl L, sd R; Swivel ¼ RF of on R fwd L trn ½ RF, rec R trn ¼ RF, sd L/cl R, sd R);

123&4 567&8

7-8 [Time Step X 2] Release hands XLib of R, rec R, sd L/cl R, sd L; XRib of L, rec L, sd R/cl L, sd R blend to BFLY Wall (XRib of L, rec L, sd R/cl L, sd R; XLib of R, rec R, sd L/cl R, sd L blend to BFLY COH);

123&4 567&8

9-10 [Rumba Fence Line Twice] XLif of R, rec R, sd L, hold; XRif of L, rec L, sd R, blend to loose CP Wall (XRif of L, rec L, sd R, hold; XLif of R, rec R, sd L, blend to loose CP COH);

123- 567-

Part A continued

11-12

[Marchessi] Press fwd L heel/rec R in place, press bk L toe/rec R in place, press fwd L Heel/rec R in place, press fwd L heel/rec R in place; Pres bk L toe/rec R in place, press fwd L heel/rec R in place, press bk L toe/rec R in place, press bk L toe/rec R in place (Press bk R toe/rec L in place, press fwd R heel/rec L in place, press bk R toe/rec L in place, press bk R toe/rec L in place; Press fwd R heel/rec L in place, press bk R toe/rec L in place, press fwd R heel/rec L in place, press fwd R heel/rec L in place);

PART B

1-14 OPEN BREAK; WHIP WITH TWIRL; NEW YORKER; UNDERARM TURN; SHOULDER TO SHOULDER; WHIP; CRAB WALKS REVERSE LOD;; REVERSE UNDERARM TURN; FENCE LINE WITH CUCARACHA ENDING; CHASE;;;;

1-2
123&4 567&8

[Op Break & Whip With Twirl] Rk apt L extend trailing to sd w/palms out, rec R blend to BFLY, sd L/cl R, sd L; Bk R start ¼ a LF trn, rec L completing a ½ LF trn, sd R leading lady to a rev twirl/cl L, sd R (Rk apt R extend trailing hand to sd w/palms out, Rec L blend to BFLY, sd R/cl L, sd R; Fwd L outside M's L start to trn LF, fwd R comp a ½ LF trn, under lead hnds twirl LF 1 full trn sd & fwd L/cl R cont trn, sd L comp trn);

3-4
123&4 567&8

[New Yorker & Underarm Trn] Release trail hnds swivel ¼ RF on R fwd L twd RLOD with straight leg, rec R to fc ptr in BFLY, sd L/cl R, sd L; Raise lead hnds bk R, rec L, sd R/cl L, sd R (Release trail hnds swivel ¼ LF on L fwd R twd RLOD with straight leg, rec L to fc ptr in BFLY, sd R/cl L, sd R; Under lead hnds swivel ¼ RF on R fwd L twd LOD trng ½ RF, rec R trng ¼ RF to fc ptr & COH, sd L/cl R, sd L);

5-6
123&4 567&8

[Shoulder To Shoulder & Whip] Trng RF to SDCAR on R fwd L, rec R to fc, sd L/cl R, sd L; Bk R start ¼ a LF trn, rec L completing a ½ LF trn, sd R/cl L, sd R (Trng RF to SDCAR on L bk R, rec L to fc, sd R/cl L, sd R; Fwd L outside M's L start to trn LF, fwd R comp a ½ LF trn, sd L/cl R, sd L);

7-8
123&4 567&8

[Crab Walks] XLif of R, sd R, XLif of R/sd R, XLif of R; Sd R, XLif of R, sd R/cl L, sd R (XRif of L, sd L, XRif of L/sd L, XRif of L; Sd L, XRif of L, sd L/cl R, sd L); rng LF to BJO on L fwd R, rec L to fc, sd R/cl L, sd R;

9-10
123&4 567&8

[Rev Underarm Trn Fence W/Cucaracha Ending] Lead Lady to a spot trn under lead Hnds XLif of R, rec R, sd L/cl R, sd L; X lunge with R, rec L, sd R/rec L, cl R (Under lead hnds swivel ¼ LF on L fwd R twd RLOD trng ½ LF, rec L trng ¼ LF to fc ptr & COH, sd R/cl L, sd R; X lunge with L, rec R, sd L/rec R, cl L);

11-14

[Chase] Repeat meas 9 thru 12 of intro;;;;

REPEAT PART A AND B

END

1-8 ½ BASIC; FACING FAN; CHASE TO TANDEM LINE LADY TRANSITION;; LEFT FREE WALK & CHA; TWICE; FORWARD 3 & POINT; TWICE HOLD;

1-2
123&4 567&8

[1/2 Basic & Fcg Fan] In BFLY fwd L, rec R, sd L/cl R, sd L; Bk R, rec L trng ¼ LF fc LOD, fwd R/cl L, fwd R; (BFLY bk R, rec L, sd R/cl L, sd R; Fwd L, rec R trng ¼ LF fc RLOD, bk L/cl R, bk L);

3-4
123&4 567&8
(123&4 5678)

[Chase To Tandem] Keeping eye contact with ptr fwd L trng ½ RF to tandem Man in front of Lady, rec R, fwd L/XRib of L, fwd L; Fwd R trng ½ LF to tandem now Lady in front of Man, rec L, fwd R/XLib of R, fwd R (Bk R, rec L, fwd R/XLib of R, fwd R; Fwd L trng ½ RF to tandem Lady in front, rec R, fwd L, fwd R);

[Wlk 2 Cha X2] Repeat meas 5 & 6 of intro;;;

Fwd 3 Pt X2] Repeat meas 3 & 4 of intro & hold;;;