

Lady Marmalade

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MUSIC: "Lady Marmalade" (CFD7 / DLD 1067 Latin & Standard dances track 3)
PHASE / RYHTUM: Phase IV +1 (Dbl Cubans) / Cha Cha SPEED: Slow for Comfort
FOOTWORK: Opposite Except Where Noted
SEQUENCE: Intro, A, A, B, A(mod), B(mod)
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INTRO

1-4 WAIT; AIDA; SWITCH CROSS; CUCARACHA;

1 In "V" pos LOD M's rt and ladies lt free wait one meas;
QQQ&Q 2 {Aida} Thru R comm RF trn, sd L cont RF trn to bk to bk "V" pos, bk R / lk LIF, bk R;
QQQ&Q 3 {Switch Cross} Trng LF to face ptr sd L checking, rec R, XLIF of R / sd R, XLIF of R;
QQQ&Q 4 {Cucaracha} Sd R, rec L, in pl R / L, R;

PART A

1-10 HALF BASIC; FAN; HOCKEY STICK;; START CHASE TO TANDEM;;
TWO DOUBLE CUBANS;; FINISH CHASE TO CROSS BODY;;

QQQ&Q 1 {1/2 Basic} Fwd L, rec R, sd L/cl R, sd L;
QQQ&Q 2 {Fan} Bk R, rec L, sml sd R/cl L, sd R (W fwd L, trng LF sml bk R, fcng RLOD bk L/lk RIF, bk L);
QQQ&Q 3-4 {Hockey Stick} Fwd L, rec R, in pl L/R, L (W cl R, fwd L, fwd R / lk LIB, fwd R); Bk R,
QQQ&Q rec L, sd & fwd R / cl L, sd & fwd R follow ladies (W fwd L, fwd R trn LF to fc ptr, sd L / cl R, sd L travel twd RDW);
QQQ&Q 5-6 {Start Chase to Tandem Wall} M fwd L trn RF 1/2, rec fwd R, fwd L / lk RIB, fwd L (W bk R no
QQQ&Q trn, rec L, fwd R / lk LIB, fwd R); Fwd R trn LF 1/2, rec fwd L, fwd R / lk LIB, fwd R (W fwd L trn RF 1/2, rec fwd R, fwd L/lk RIB, fwd L);
Q&Q&Q&Q 7-8 {Two Double Cubans} XLIF of R twd DRW / rec R, sd L / rec R, XLIF of R / rec R, sd L; XRIF
Q&Q&Q&Q of L / rec L, sd R / rec L, XRIF of L / rec L, sd R;
QQQ&Q 9-10 {Finish Chase to Cross Body} M fwd L, rec bk R trn 1/4 LF, sd L / cl R, sd L to end in "L" shape
QQQ&Q (W fwd R trn LF 1/2, rec fwd L, fwd R / lk LIB, fwd R); M bk R behind L cont RF trn, rec L cont trn to face COH, sd R / cl L, sd R (W fwd L comm LF trn, fwd R cont trn to face wall, sd L / cl R, sd L);

11-19 FENCE LINE; UNDERARM TURN; OPEN BREAK; WHIP; NEW YORKER;
KICK TO A "4" & CHA; NEW YORKER WITH TRIPLE CHAS;; NEW YORKER;

QQQ&Q 11 {Fence Line} XLIF in fence line twd LOD, rec R, sd L / cl R, sd L;
QQQ&Q 12 {Underarm Turn} M rasing joined ld hands to lead ladies under XRIB of L, rec L, sd R / cl L, sd R (W XLIF of R and trn _ RF, fwd R and trn RF _ to face ptr, sd L / cl R, sd L);
QQQ&Q 13 {Open Break} M bk L raise rt hnd, rec R lower rt hnd, sd L / cl R, sd L (W bk R raise lt hnd, rec L lower lt hnd, sd R / cl L, sd R);
QQQ&Q 14 {Whip} M bk R trn _ LF bring hands in close, fwd L trn _ LF, sd R / cl L, sd R (W fwd L trn _ LF, bk R trn _ LF, sd L / cl R, sd L);
QQQ&Q 15 {New Yorker} Ck thru L to RLOD, rec R fc ptr, sd L / cl R, sd L;
QQQ&Q 16 {Kick to a "4" & Cha} Staying in BFLY throughout this meas kick R thru twd LOD, swivel RF on L ft to fc RLOD while allowing R to rise almost to the knee of weighted leg making a figure 4, fwd R / lk LIB, fwd R to RLOD;
QQQ&Q 17-18 {New Yorker with Triple Cha} Ck thru L to RLOD, rec R to fc ptr, sd & fwd L to LOD / lk RIB,
Q&QQ&Q fwd L; Fwd R / lk LIB, fwd R, fwd L / lk RIB, fwd L;
QQQ&Q 19 {New Yorker} Ck thru R to LOD, rec L fc ptr, sd R / cl L, sd R;

PART B

1-10 ALEMANA;; LARIAT;; HAND TO HAND TWICE;; BREAK BK TO OPEN & CHA;
AIDA; SWITCH CROSS; CUCARACHA;

- QQQ&Q 1-4 {Alemana to Lariat} M fwd L, rec R, sd L / cl R, sd L (W bk R, rec L, sd R / cl L, sd R fc ptr); M bk R, rec L, in pl R / L, R (W XLIF of R trng RF under joined lead hnds fcng RDW, fwd R trn to fce ptr, traveling to M's rt side fwd L / lk RIB of L, fwd L); M push sd L taking right
QQQ&Q sd out of W's path, rec R, in pl L / R, L (W fwd R, fwd L, fwd R/lk LIB, fwd R end on M's left sd); M push sd R, rec L, sd R / cl L, sd R (W fwd L, fwd R to face ptr, sd L / cl R, sd L);
QQQ&Q 5-6 {Hand to Hand Twice} Trn LF fc LOD bk L, rec R to fc ptr, sd L / cl R, sd L; Trn RF fc RLOD bk R, rec L to fc ptr, sd R / cl L, sd R;
QQQ&Q 7 {Break back to Open & Cha} Trn LF fc LOD bk L, rec fwd R stay fcg LOD, fwd L / lk RIB, fwd L;
QQQ&Q 8 {Aida} Thru R comm RF trn, sd L cont RF trn to bk to bk "V" pos, bk R / lk LIF, bk R;
QQQ&Q 9 {Switch Cross} Trng LF to face ptr sd L checking, rec R, XLIF of R / sd R, XLIF of R;
QQQ&Q 10 {Cucaracha} Sd R, rec L, in pl R / L, R;

PART A(mod)

1-12 HALF BASIC; FAN; HOCKEY STICK;; START PEEK-A-BOO CHASE;;
CONT CHASE TO TANDEM; TWO DOUBLE CUBANS;; FINISH CHASE TO CROSS BODY;;

- 1-4 Repeat Part A meas 1 - 4
QQQ&Q 5-7 {Start Peek-A-Boo Chase} M fwd L trn RF 1/2, rec fwd R, fwd L / lk RIB, fwd L (W bk R no trn, rec L, fwd R / lk LIB, fwd R); Sd R look over lt shoulder, rec L, in pl R/L, R (W sd L look rt at ptr, rec R, in pl L / R, L); Sd L look over rt shoulder, rec R, in pl L / R, L (W sd R look left at ptr, rec L, in pl R / L, R);
QQQ&Q 8 {Cont Chase Tandem Wall} Fwd R trn LF 1/2, rec fwd L, fwd R / lk LIB, fwd R (W fwd L trn RF 1/2, rec fwd R, fwd L / lk RIB, fwd L);
Q&Q&Q&Q 9-10 {Two Double Cubans} Repeat Part A meas 7 - 8
Q&Q&Q&Q
QQQ&Q 11-12 {Finish Chase to Cross Body} Repeat Part A meas 9 - 10
QQQ&Q

13-25 FENCE LINE; UNDERARM TURN; OPEN BREAK; WHIP; NEW YORKER;
KICK TO A "4" & CHA; NEW YORKER WITH TRIPLE CHAS;; NEW YORKER;
KICK TO A "4" & CHA; NEW YORKER WITH TRIPLE CHAS;; NEW YORKER IN FOUR;

- QQQ&Q 13 {Fence Line} Repeat Part A meas 11
QQQ&Q 14 {Underarm Turn} Repeat Part A meas 12
QQQ&Q 15 {Open Break} Repeat Part A meas 13
QQQ&Q 16 {Whip} Repeat Part A meas 14
QQQ&Q 17 {New Yorker} Repeat Part A meas 15
QQQ&Q 18 {Kick to a "4" & Cha} Repeat Part A meas 16
QQQ&Q 19-20 {New Yorker with Triple Cha} Repeat Part A meas 17 - 18
Q&QQ&Q
QQQ&Q 21 {New Yorker} Repeat Part A meas 19
QQQ&Q 22 {Kick to a "4" & Cha} Staying in BFLY throughout this meas kick L thru twd RLOD, swivel LF on R ft to fc LOD while allowing L to rise almost to the knee of weighted leg making a figure 4, fwd L / lk RIB, fwd L to LOD;
QQQ&Q 23-24 {New Yorker with Triple Cha} Ck thru R to LOD, rec L to fc ptr, sd & fwd L to RLOD R / lk LIB,
Q&QQ&Q fwd R; Fwd L / lk RIB, fwd L, fwd R / lk LIB, fwd R;
QQQ&Q 25 {New Yorker In Four} Ck thru L to RLOD, rec R fc ptr, sd L, sd R;

PART B(mod)

1-10 ALEMANA;; LARIAT;; HAND TO HAND TWICE;; BREAK BK TO OPEN & CHA;
AIDA; SWITCH CROSS; SD CL POINT;

- 1-9 Repeat Part B meas 1 - 9
Q&Q-- 10 {Sd Cl Point} Sd R / cl L, pnt R to RLOD, hold,;